

# Mysteries of prion diseases: transmission and biosafety

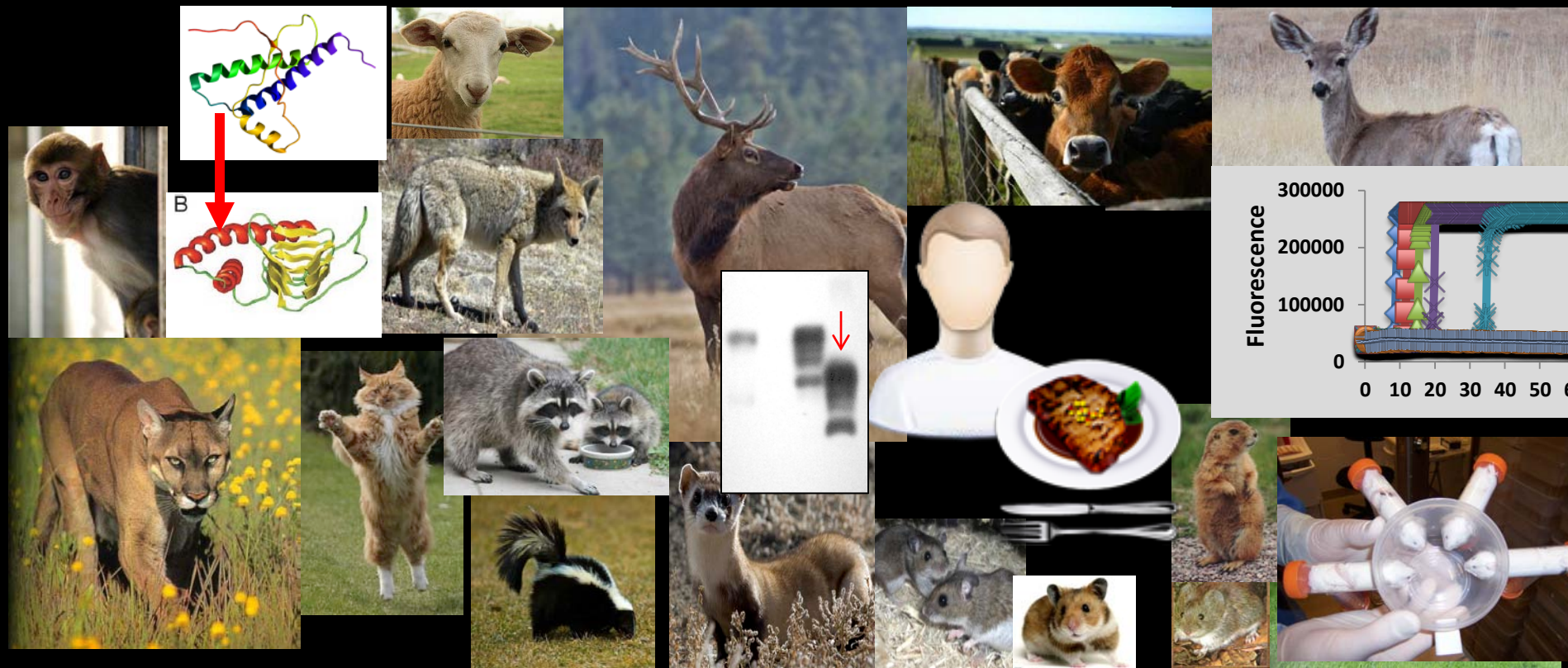
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Colorado State University  
COLLEGE OF VETERINARY MEDICINE AND BIOMEDICAL SCIENCES

Colorado State University  
**PrP**  
Prion Research Program



# Prion Diseases [aka Transmissible Spongiform Encephalopathies (TSEs)]



**Scrapie**



**Bovine Spongiform Encephalopathy**



**Kuru**



**Creutzfeldt-Jakob Disease  
Variant Creutzfeldt-Jakob Disease  
Fatal Familial Insomnia  
Gerstmann-Straussler-Scheinker Syndrome**



**Transmissible Mink Encephalopathy**




**Feline Spongiform Encephalopathy**



**Chronic Wasting Disease**

# **Prion Diseases: aka Transmissible Spongiform Encephalopathies (TSEs):**

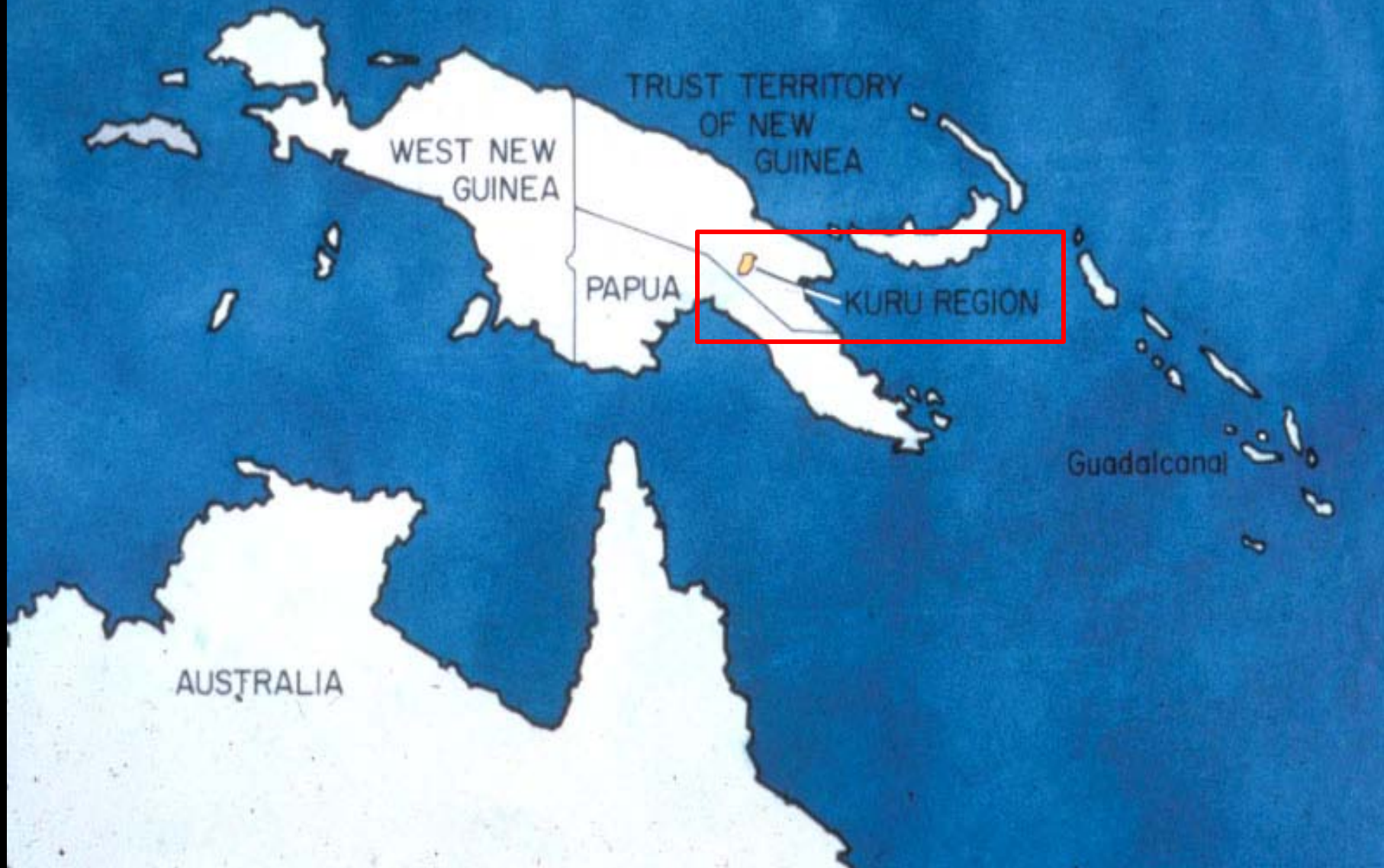
## **Animals:**

- **Scrapie of sheep**
  - **Bovine spongiform encephalopathy (BSE)**
  - **Feline spongiform encephalopathy (FSE)**
  - **Transmissible Mink Encephalopathy (TME)**
  - **Chronic wasting disease (CWD) of cervids**
- 

## **Humans:**

- **Creutzfeldt-Jakob Disease (CJD)**
- **Kuru**
- **Fatal Familial Insomnia (FFI)**
- **Gerstmann-Straussler-Scheinker Syndrome (GSSS)**
- **Variant Creutzfeldt-Jakob Disease (vCJD)**

Kuru discovered in New Guinea by Carlton Gadjusek, MD





# The connection of Kuru to scrapie as TSEs made by William Hadlow, DVM

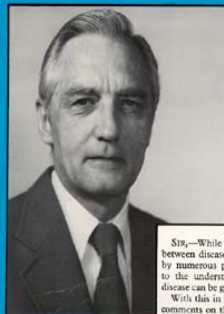
## Kuru



by C. Gadjusek

Vol. 23, No. 5  
September 1986

## *Veterinary Pathology*



### SCRAPIE AND KURU

Sir,—While attempts to draw too close an analogy between diseases of man and lower animals are attended by numerous pitfalls, many valuable clues contributing to the understanding of the fundamental nature of a disease can be gained from a broad comparative viewpoint. With this in mind, I should like to present a few brief comments on the similarity of two progressive degenerative disorders of the central nervous system—scrapie<sup>1</sup> affecting sheep, and kuru<sup>2</sup> affecting the Fore natives in the Eastern Highlands of New Guinea. I do not suggest that these diseases are identical or even counterparts, but in my opinion their overall resemblance is too impressive to be ignored.

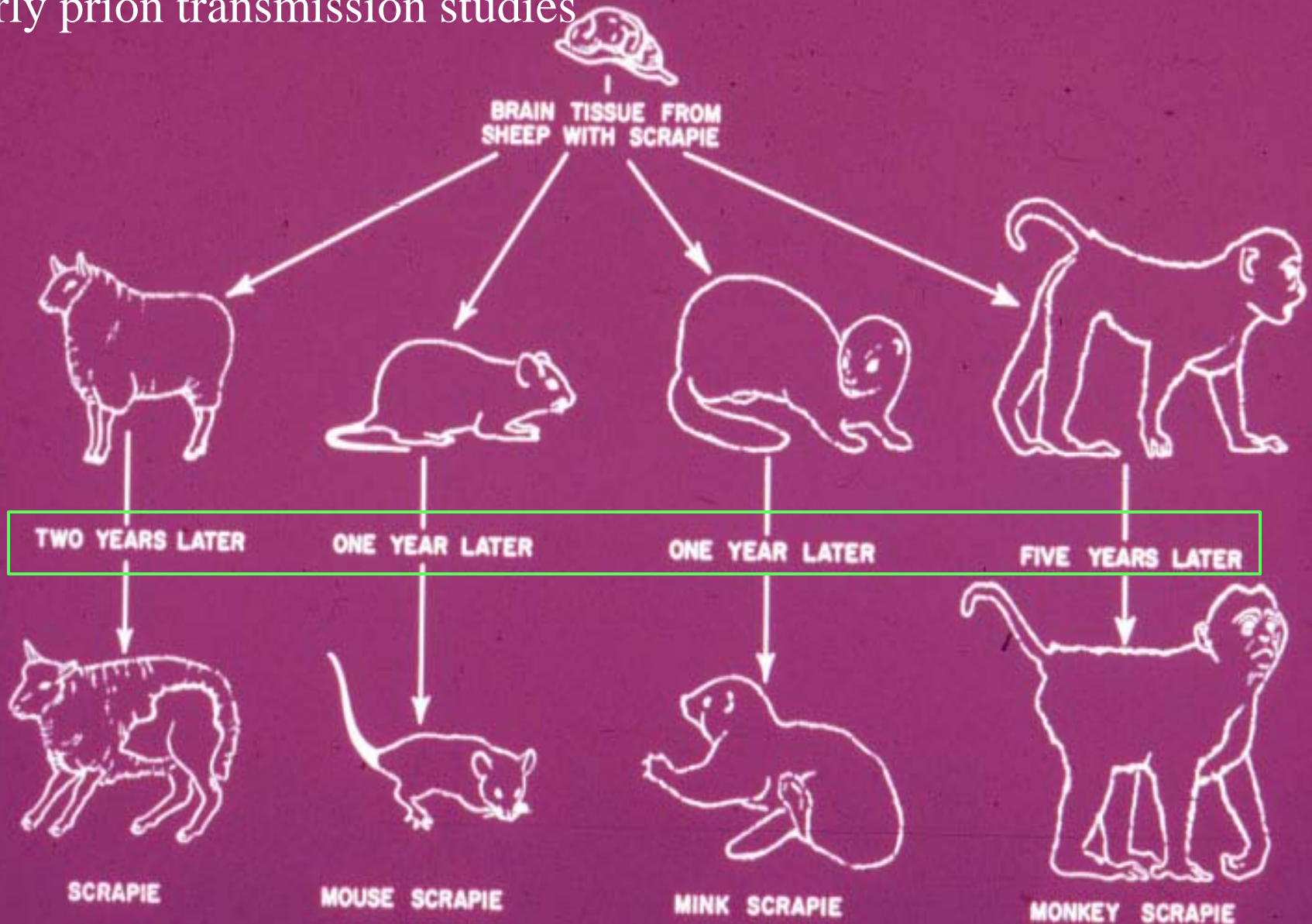
Published by  
The American College of Veterinary Pathologists

## Scrapie



by G.A. Wells and S.A.C.  
Hawkins

# Early prion transmission studies



Very long incubation periods, but amazingly, cross species transmission

# Prion protein: normal protein and proteinaceous infectious particle

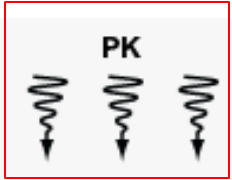
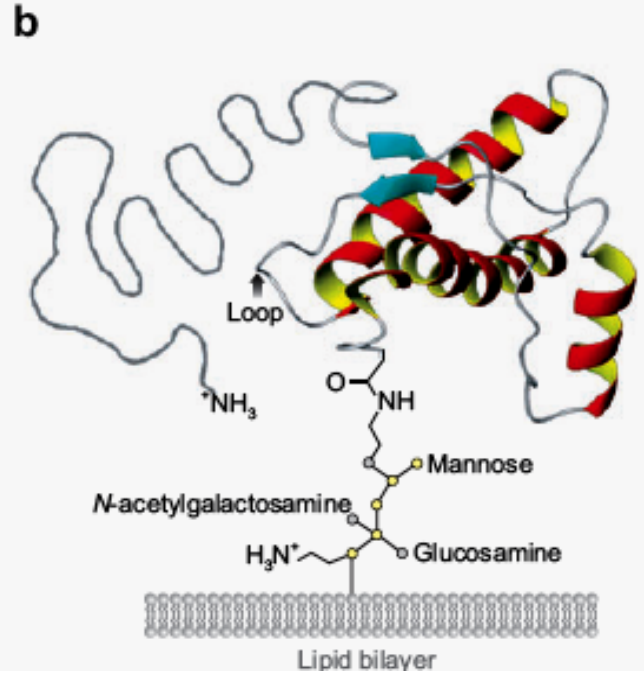
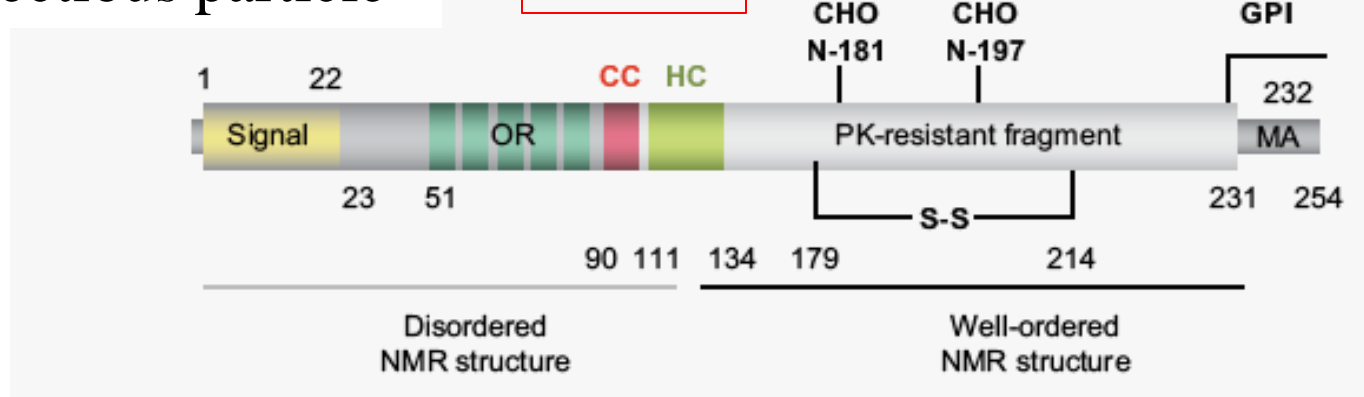


Figure 2 (a) Scheme of the primary structure of the cellular prion protein and its posttranslational modifications. A secretory signal peptide resides at the extreme N terminus. The numbers describe the positions of the respective amino acids. The proteinase K (PK)-resistant core of PrP<sup>Sc</sup> is depicted in gray; the approximate cutting site of PK within PrP<sup>Sc</sup> is indicated by arrows. CC (pink), charged cluster; HC (green), hydrophobic core; S-S, single disulfide bridge; MA, membrane anchor region; GPI, glycosyl phosphatidyl inositol; CHO, facultative glycosylation sites; NMR nuclear magnetic resonance.



**Biochemical properties**

PrP <sup>C</sup>	PrP <sup>Sc</sup>
Rich in $\alpha$ -helices	Rich in $\beta$ -sheets
Soluble	Insoluble
PK sensitive	PK resistant
No aggregation	Aggregation



# Prion conversion (more B movie vs. religious)

- Soluble
- Alpha helical
- GPI-linked
- Protease-sensitive
- Highly conserved
- 253-6 aa
- Function still uncertain

**PrP<sup>C</sup>**

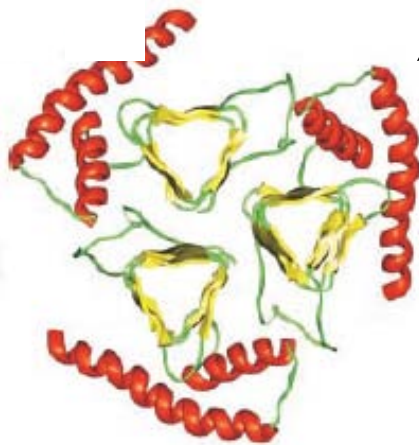
Good

Spontaneous or  
enciphered

- Insoluble
- High  $\beta$ -sheet content
- Protease-resistant
- Cofactor molecules in conversion still elusive

**PrP<sup>RES</sup>**

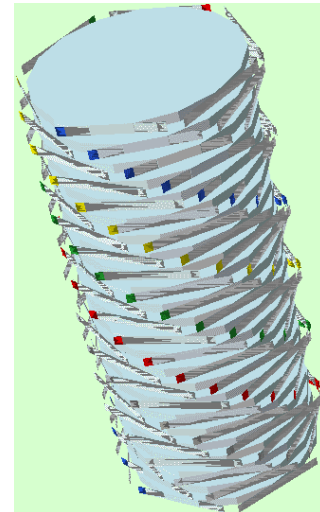
Evil



**PrP<sup>RES</sup> oligomer**



**PrP<sup>RES</sup> fibrils w beta sheet core**



# Discovery of prions: the subject of two Nobel prizes: C. Gadjusek and S. Prusiner



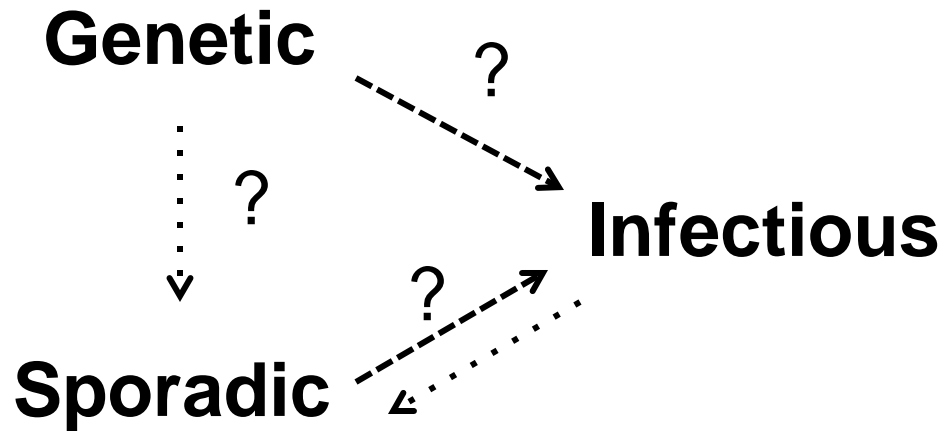
1976



1997

Copyright (c) 1997:  
The Nobel  
Committee for  
Physiology or  
Medicine at the  
Karolinska  
Institute, S-171 77  
Stockholm, Sweden.

# Prion diseases: genetic? sporadic? infectious? ....yes

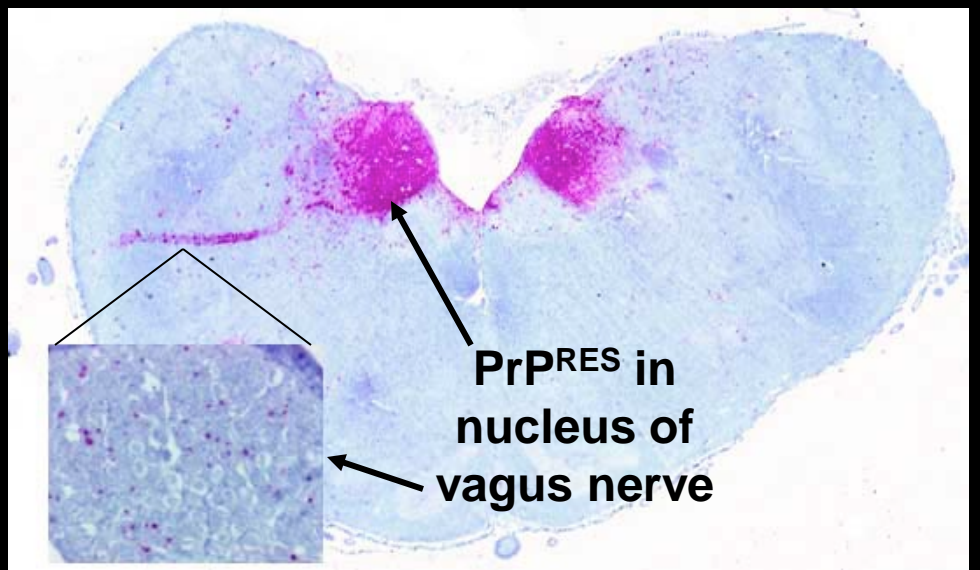
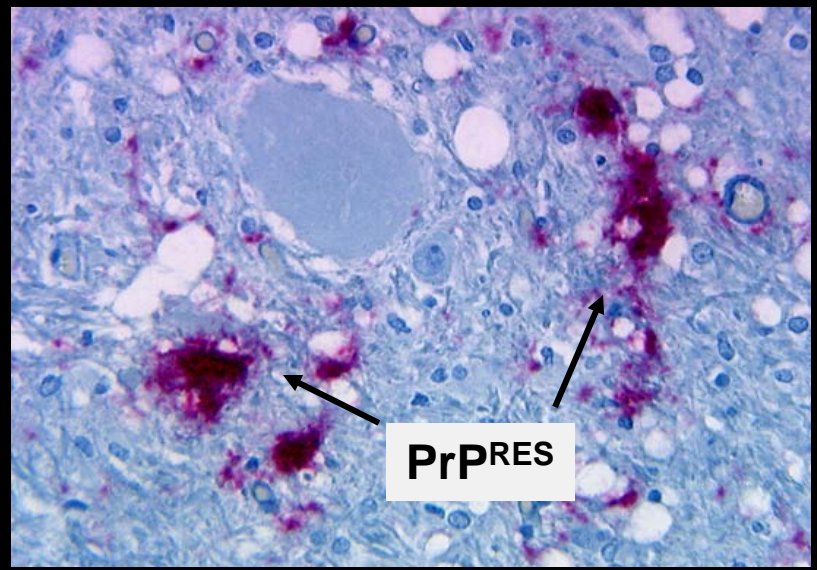
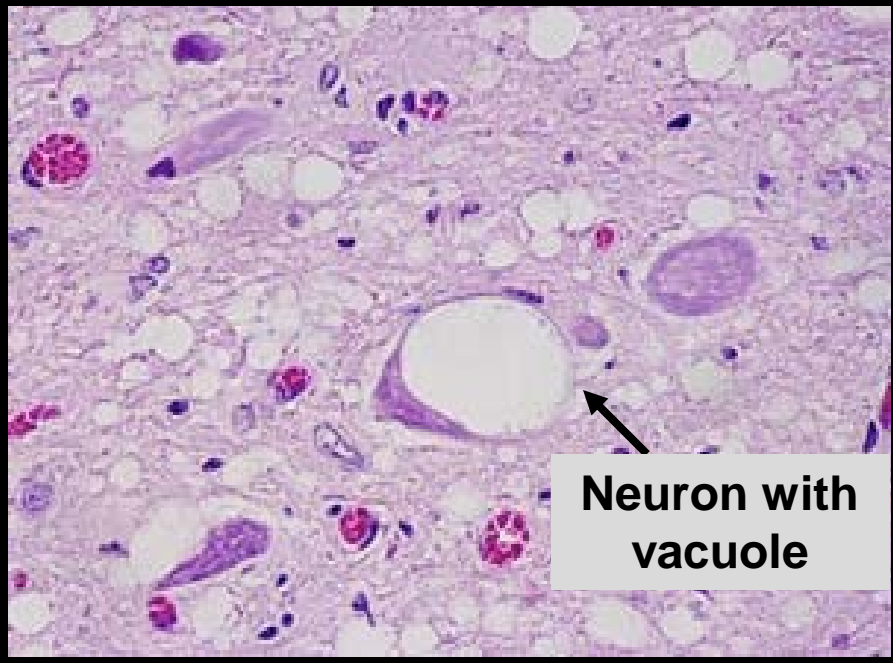
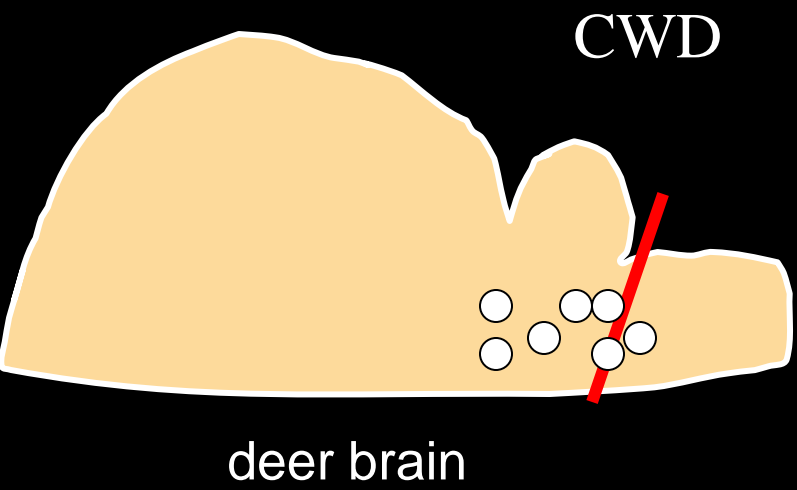




# Transmission of prion diseases

- **Kuru: ritualistic cannibalism**
- **sCJD: iatrogenic, tissue grafts, and unknown**
- **BSE, FSE, TME, vCJD: ingestion of prion-contaminated animal products**
- **CWD, scrapie: horizontal -- saliva, urine, feces, environment**
- **....but origin of the initial prions assumed to reflect spontaneous misfolding events**

# TSE's: spongiform brain lesions associated with PrP<sup>RES</sup>



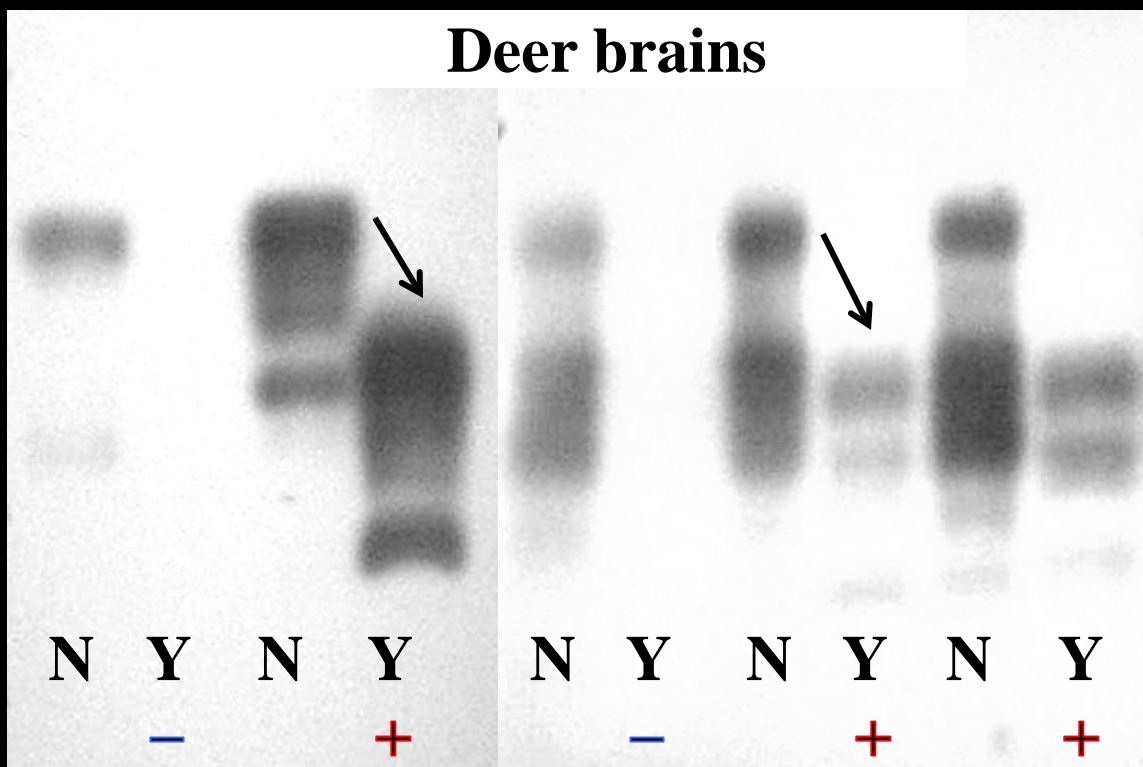
# Prion disease diagnosis

## Prion detection

- Clinical signs, CT & MRI patterns
- Detection of **protease resistant PrP (PrP<sup>RES</sup>)**
  - Western blot
  - Immunohistochemistry
  - ELISA
- Detection of **infectious** prions:
  - Bioassay in animals
    - Mice, or more recently, PrP transgenic mice
  - Evolving in vitro assays
    - Seeding (PrP conversion)
    - Cell culture infection



# Detection of PK-resistant PrP<sup>RES</sup> by western blotting



<- Protease digestion

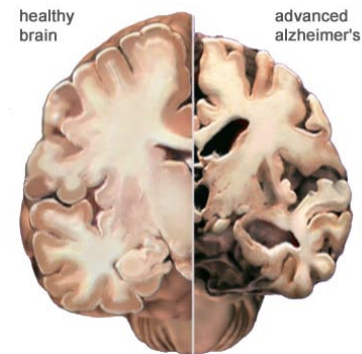
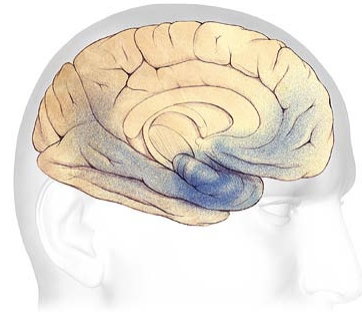
<- CWD+?

# Prion diseases and the major human neurodegenerative diseases are linked by protein misfolding as a central process:

- **Alzheimer's disease (AD) – Aβeta, Tau**
- **Parkinson's disease (PD) – Alpha synuclein**
- **Amyotrophic lateral sclerosis (ALS) – SOD1, TDP43**
- **Fronto-temporal dementia/head trauma -- TDP43, Tau**

**All are characterized by polymerized mis-folded fibrillar protein deposits in the brain**

**The mechanism of protein mis-folding is likely similar to that in prion diseases**



# Prion biohazards: exposure

- Contact transmission – no, not for **human** prions (we think)



- Food, supplements – yes (BSE)



- Blood, tissue transplnt. – yes (sCJD, vCJD)



- Surgical instruments – yes (vCJD)



- Environment – ?low for humans, but yes for animals due to persistence







## Prion biohazards: blood transfusion



- In humans shown only for vCJD (BSE), not for sCJD. Preclinical donors.
- In animals, shown for deer and sheep. As little as 200µl of whole blood (scrapie)
- Prions are mostly WBC- and platelet-associated – leucodepletion used for all transfusions in UK
- Estimated in UK 1/2000 people *may* be carrying vCJD\*

\*UK Blood Transfusion & Tissue Transplantation Services



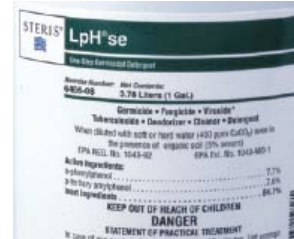
# Prion infectivity and biosafety



- **Not inactivated by conventional agents—formalin, alcohols, autoclaving at 122C**
- **Adhere to and persist on most surfaces, esp. metals, clay, silica, plastic**
- **Can persist in environment -- years**
- **Aerosolization? Not intensively studied thus far**
- **Minimum mucosal and IV infectious dose is unclear**
- **Species barrier occasionally breached**

# Prion biosafety: inactivation

- 1N NaOH
- 20,000 ppm )(2%) NaOCl
- Autoclaving at 134C
- 1% SDS + 0.1%HAc or NaOH ( $\geq 0.3\%$ ), 5-15 min. (i.e. SDS + high or low pH)
- Adding liquid phase autoclaving at 121C to the above
- Strong phenolic disinfectants (toxicity) or vaporized  $H_2O_2$  reduce titer 4-5 logs
- Steel wires contaminated with 263K hamster scrapie is the most standard assay system





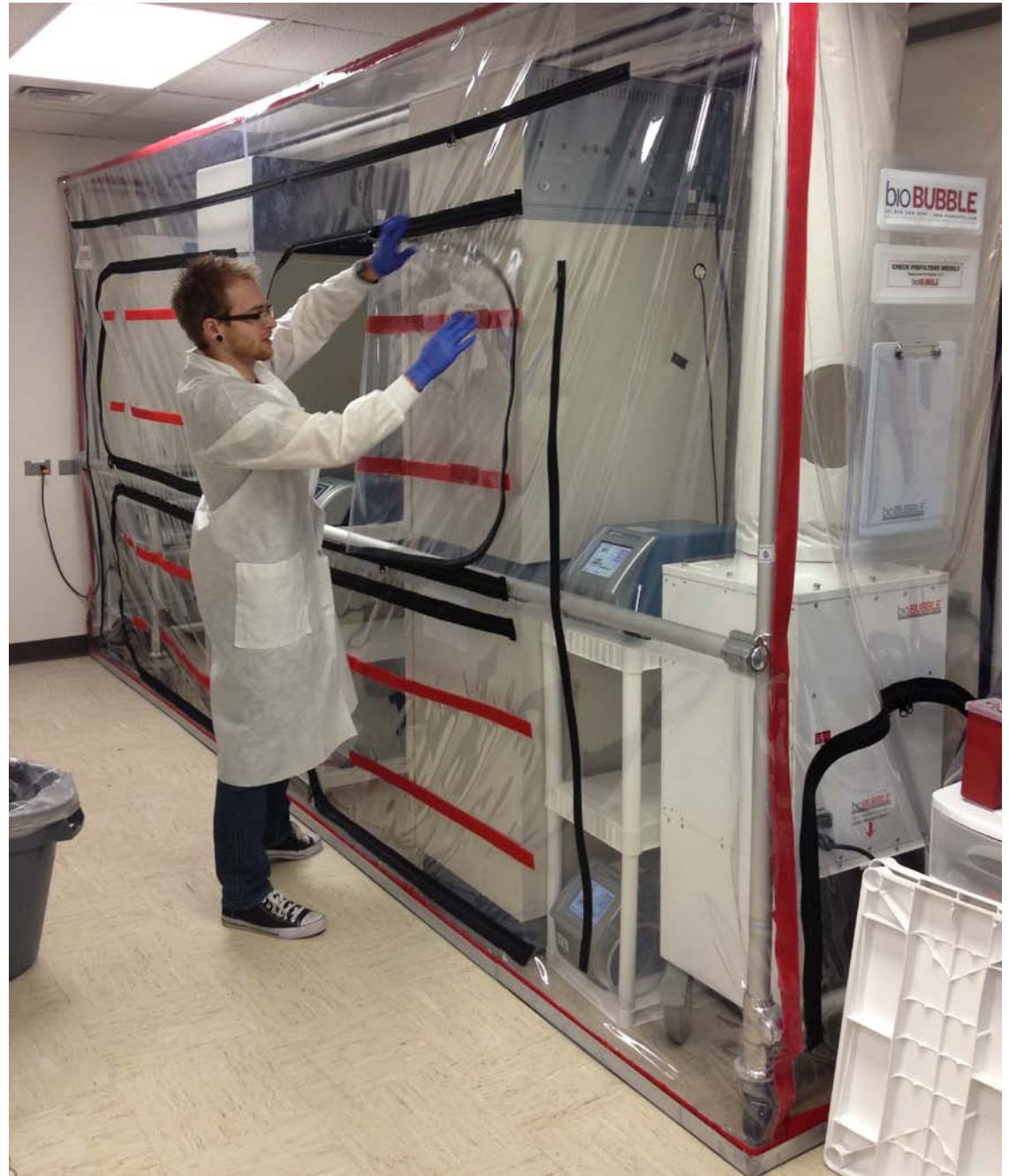
# Prion biosafety: the species barrier



- Like viruses, prions are usually species specific
- $\text{PrP}^{\text{C}} \leftrightarrow \text{PrP}^{\text{RES}}$  sequence homology closely related to susceptibility
  - Transgenic expression of heterologous species  $\text{PrP}^{\text{C}}$  confers susceptibility of that species to that prion
- Species crossing demonstrated experimentally
- Indications of species barrier strength :
  - Incubation time (long vs. short) and attack rate (low vs. high)
  - Oral/nasal (natural) route susceptibility
- Still, species jumping occurs in nature—likely rarely and unpredictably

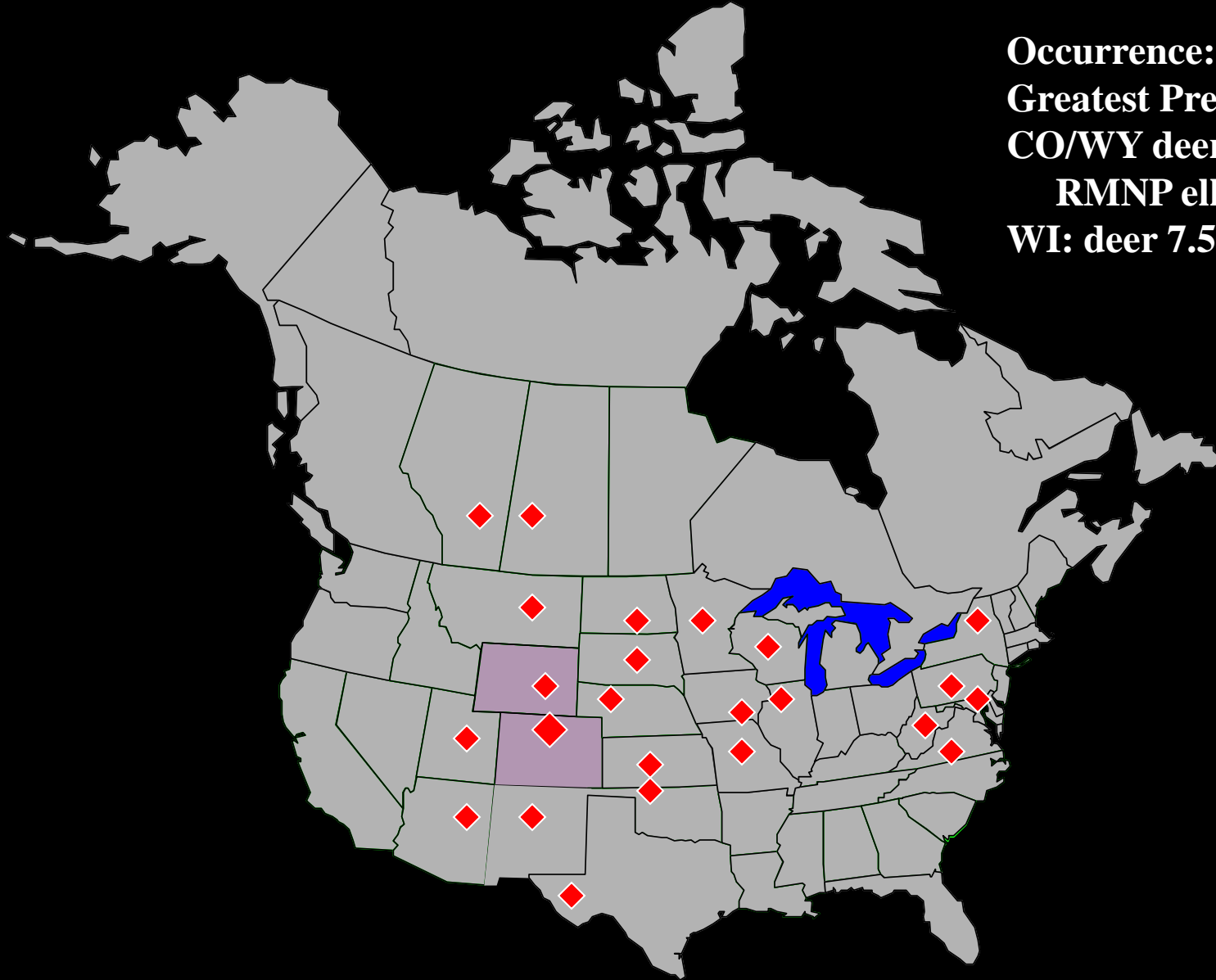
# Prion biosafety in lab: BSL2 (++)

**BioBubble™ laminar flow containment of equipment and reagents for cross-species amplification or any BSE-related seeds. Closed transfer to biosafety cabinets**



# Chronic wasting disease: a prion disease of cervids

**Occurrence: 22 States**  
**Greatest Prevalence:**  
**CO/WY deer: 5-10%**  
**RMNP elk: 11-15%**  
**WI: deer 7.5%**



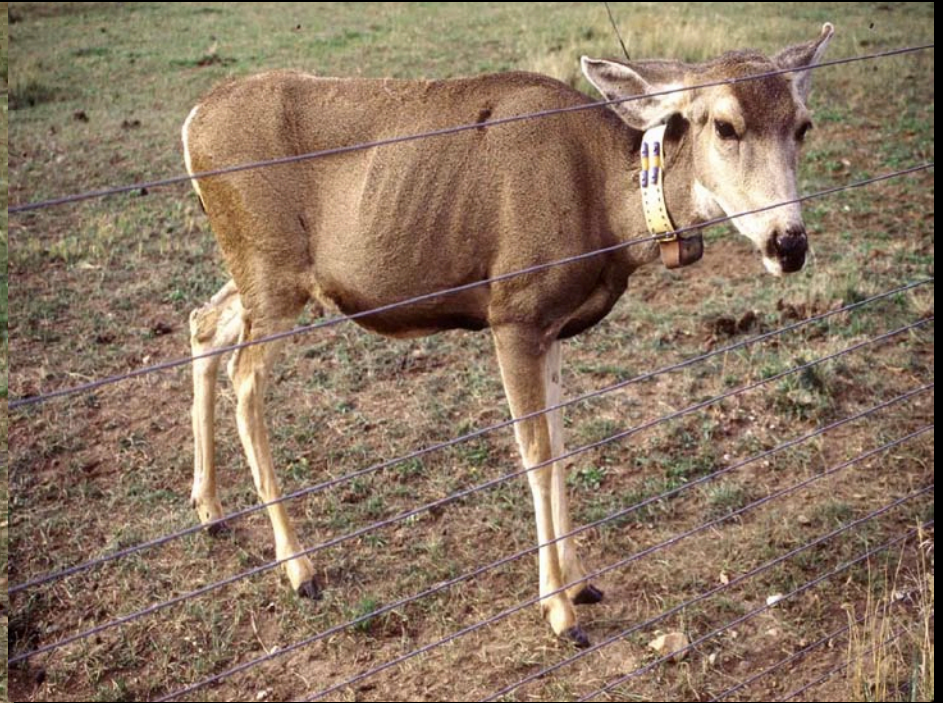


# CWD Clinical disease

CWD negative mule deer



CWD positive mule deer



Behavioral changes, weight loss, ear, head position, gait change, stereotypic behaviors, polydipsia, polyphagia, staring, incoordination, digestive dysfunction, salivation

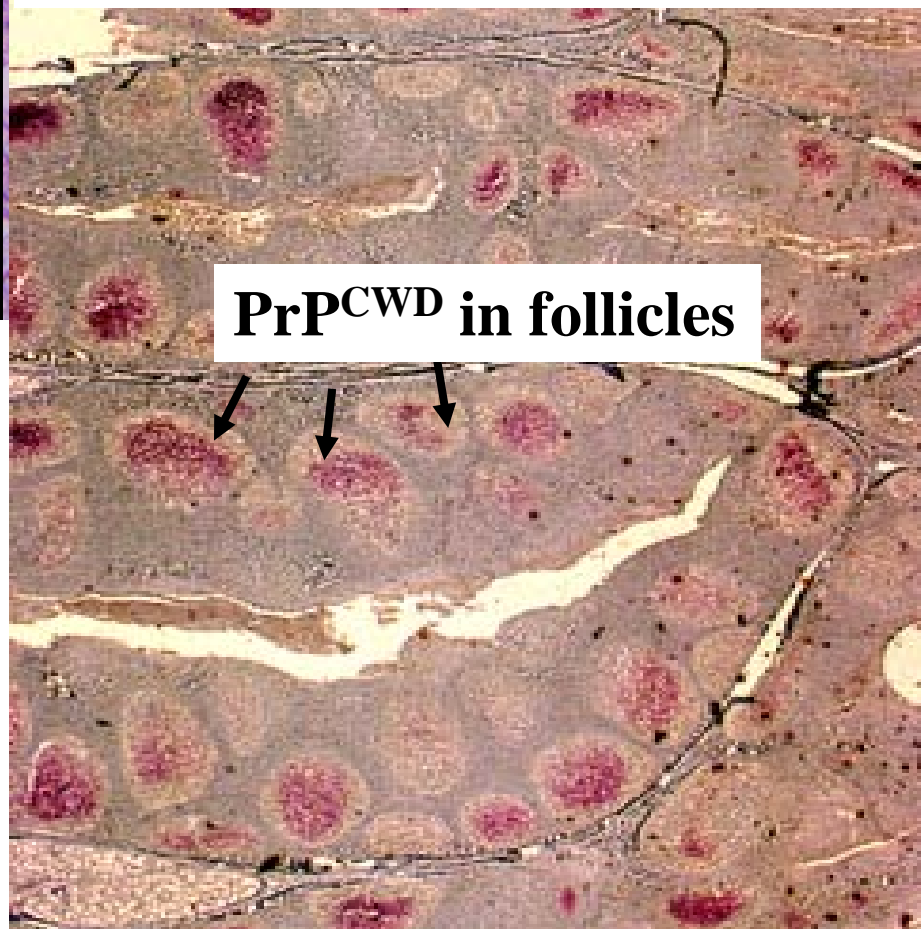


# CWD detection:



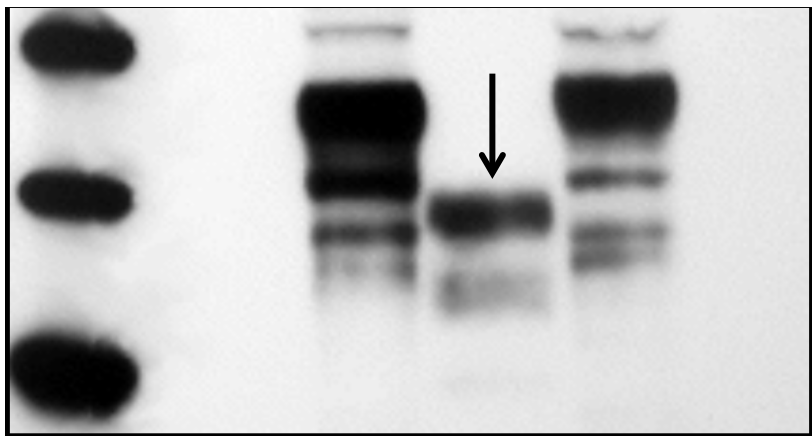
Medulla, obex

Ante-mortem detection based on lymphoid tropism--tonsil or rectal tissue



CWD status

+ + - -

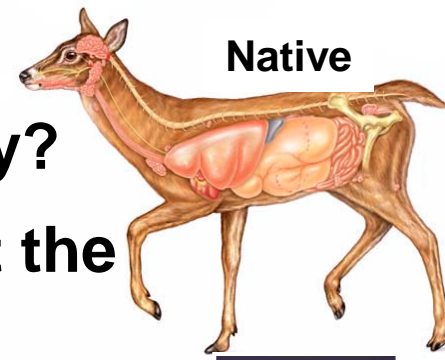


PK

- + -

# 1. CWD transmission and pathogenesis:

- Why/how is CWD transmitted so efficiently?
- How do CWD prions enter, traffic, and exit the body across mucous membranes?
- Prion aerosol infection?
- Repeated low dose exposure?
- Do tissue-specific prion variants exist?



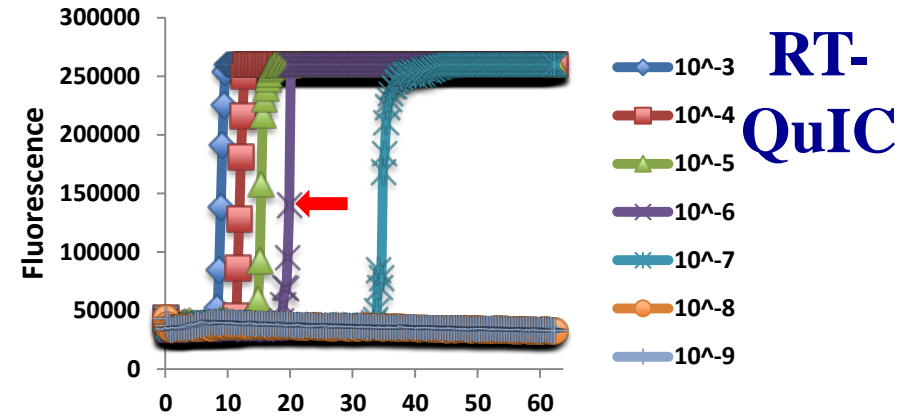
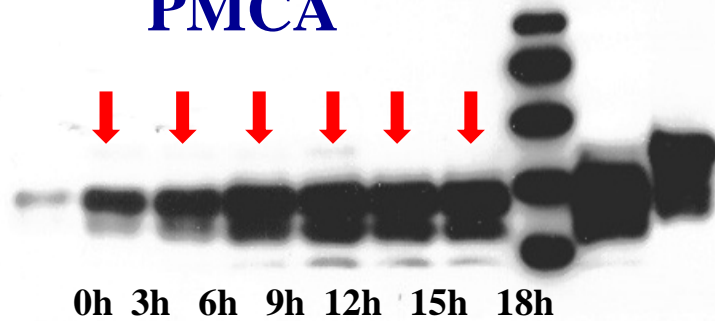
Tg(cerPrP)

# 2. Species/transmission barrier:

- Are sympatric predator and contact non-cervid species susceptible to CWD prions?
- Does trans-species infection alter the species barrier?
- Can this be predicted in vitro?



## PMCA



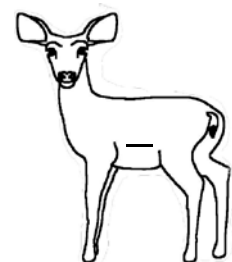
### 3. In vitro detection/conversion assays:

- Protease-sensitive infectious prions
- More sensitive detection/diagnosis?
- Prion cross seeding--human AD/PD/ALS?
- Screen drugs and inactivators
- Process of conversion/amplification



### 4. Prion vaccination:

- PrP<sup>c</sup> immunization with a *Salmonella* vector





- Point of exposure longitudinal studies, serial collections
- CWD-free, hand-raised, human- and indoor-adapted deer
- Whitetailed deer fawns sourced from Univ of Georgia



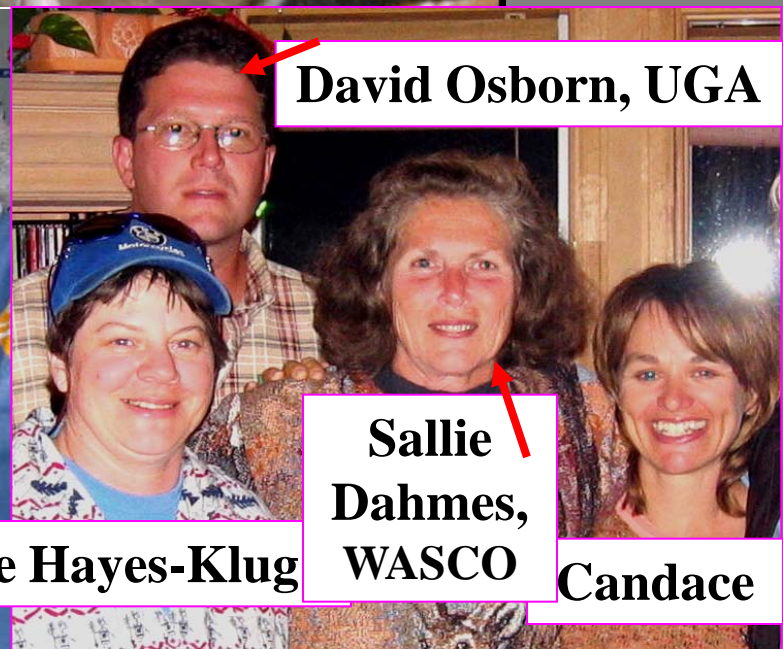
We work with CWD *as if* has potential to infect humans



Sheila Hays

Candace Mathiason

Jenny Powers



David Osborn, UGA

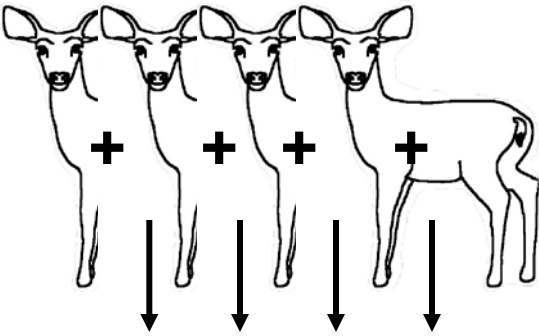
Sallie Dahmes, WASCO

Jeanette Hayes-Klug

Candace

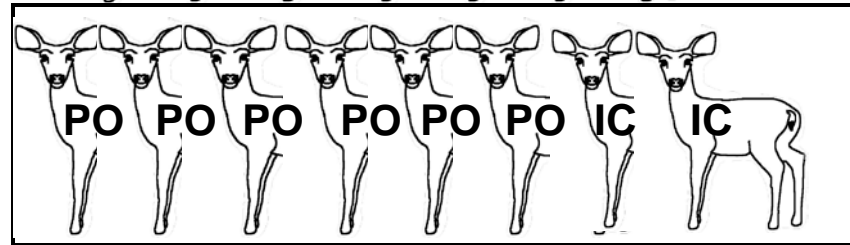
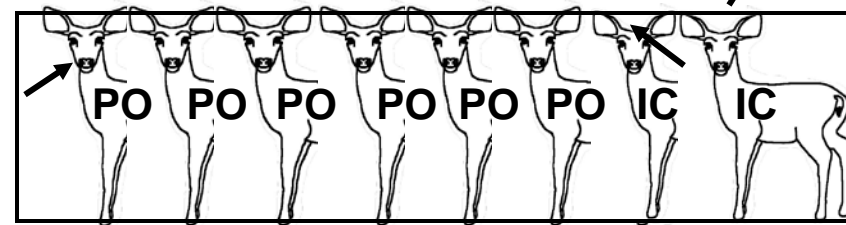
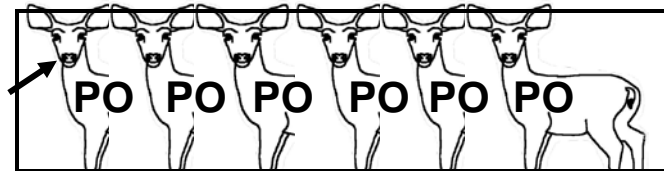
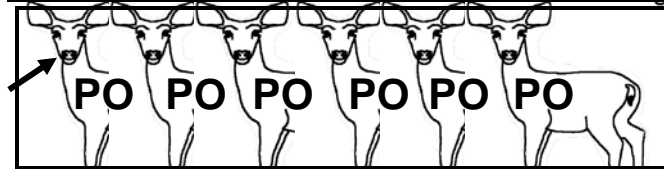
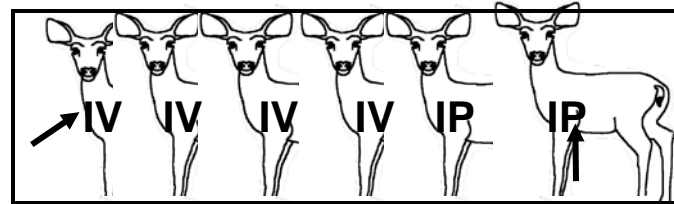


CWD+ donors



# CWD prion transmission and shedding: general study design

Tonsil and rectal tissue biopsies to detect infection



Blood



Saliva



Urine/feces



Brain/other



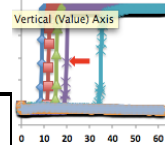
Neg controls



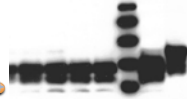
Tissues, body fluids & excreta



QuIC



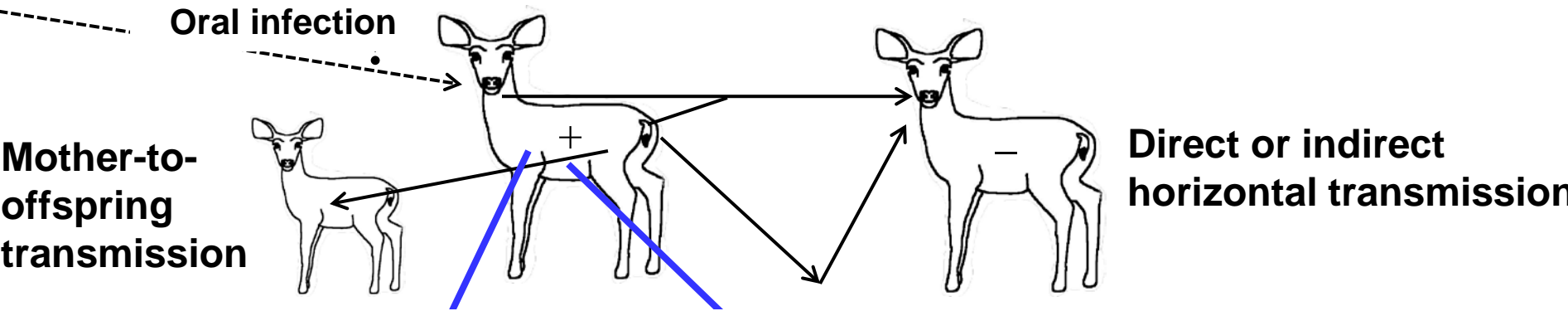
PMCA



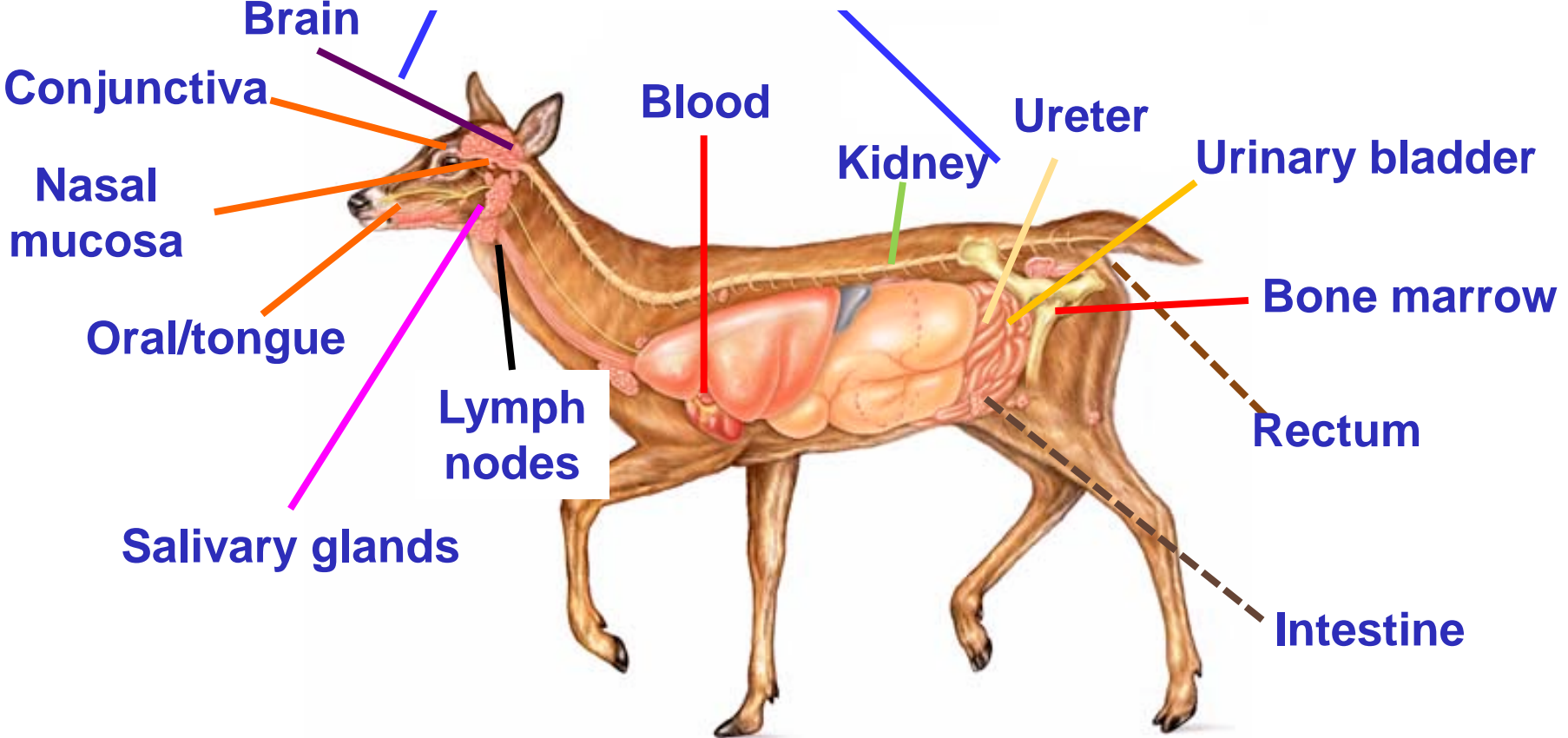
Bioassay



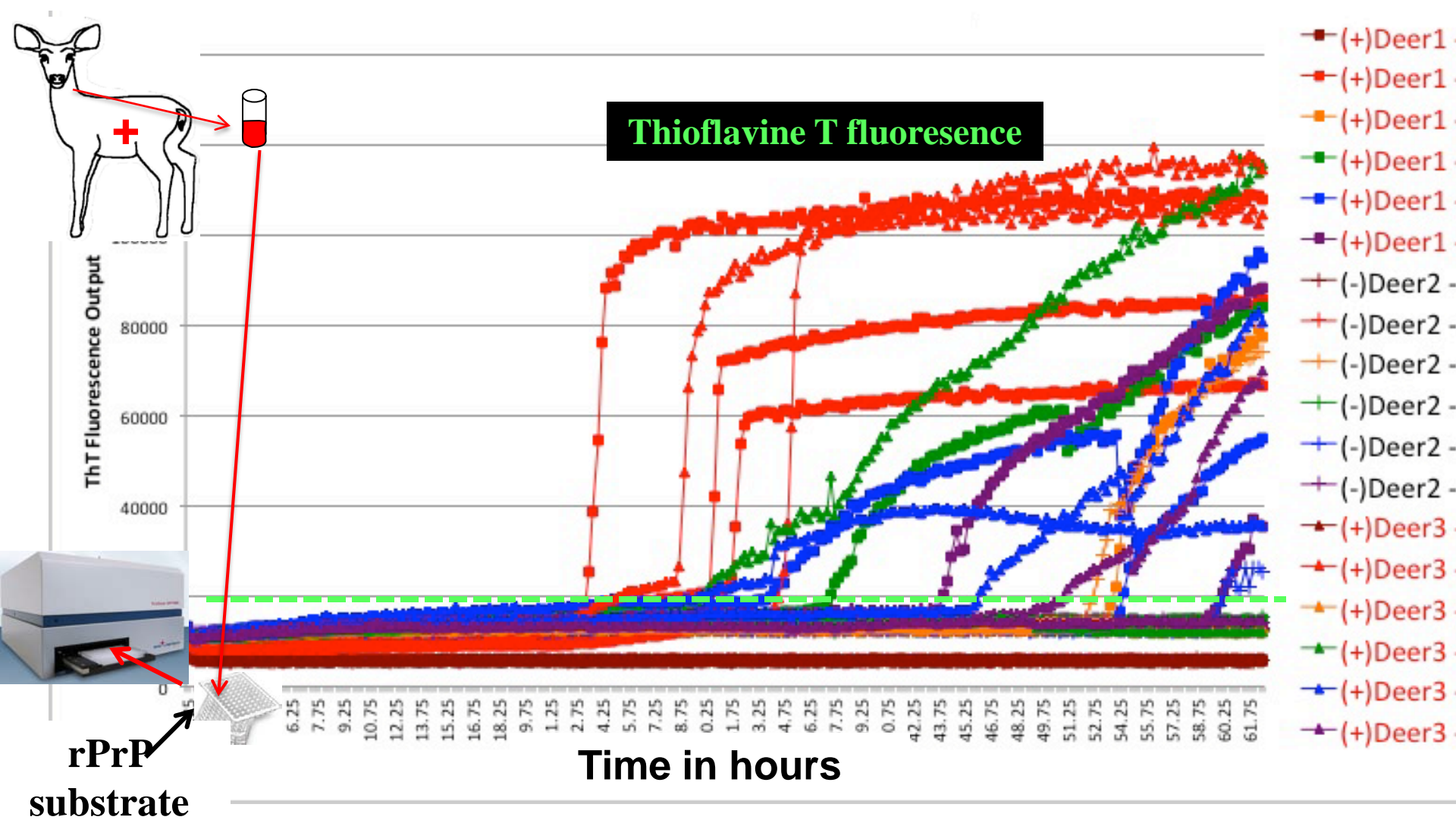
# ? How are CWD prions shed and transmitted in deer?



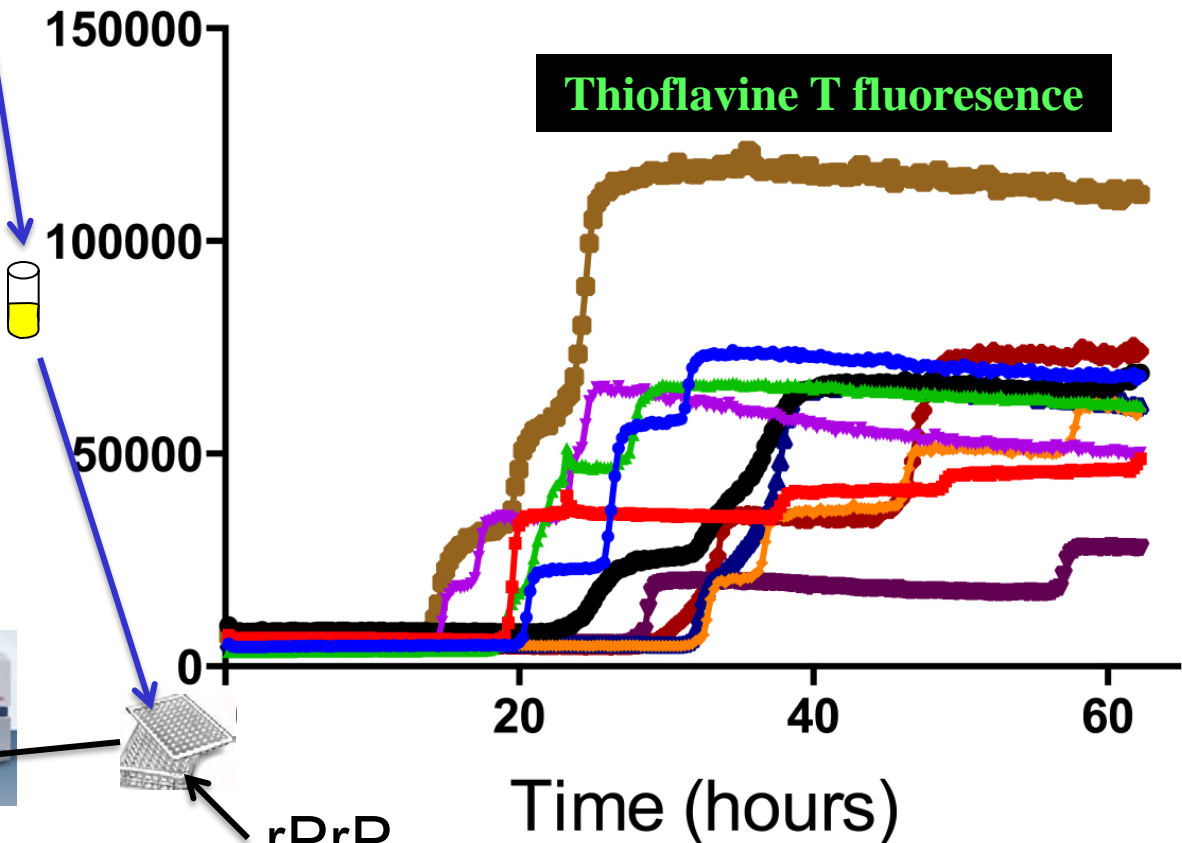
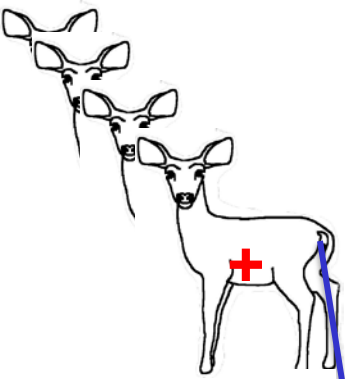
## Prion peripheralization and excretion



# RT-QuIC detection of CWD prions in deer blood

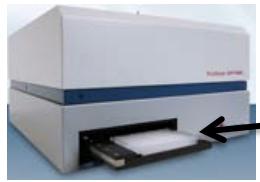


# RT-QuIC detection of prions in deer saliva



Saliva from Deer #

- 133
- 136
- 144
- 776
- 778
- 781
- 782
- 785
- 813
- 815



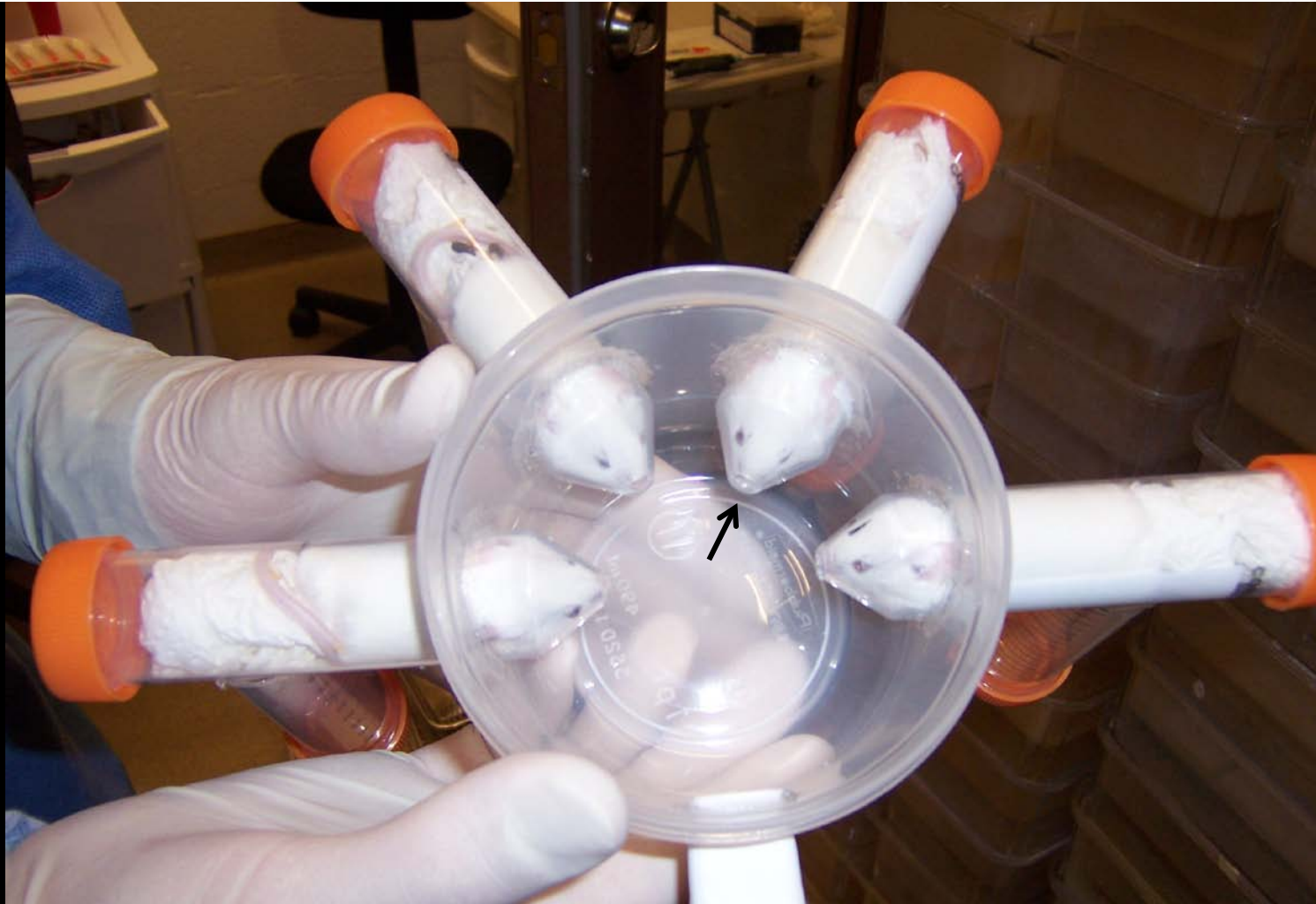
Fluorimeter/shaker



rPrP substrate



**Are prions transmissible by aerosol? Yes**



**Chamber for nose-only exposure of cervid PrP transgenic mice**

## **Some findings with CWD (and scrapie) prions:**

- 1. Infectious prions are in saliva, blood, urine, muscle, feces**
  - Detected by bioassay and new in vitro methods
  - Most tissues contain prions
- 2. Environmental/fomite transmission without animal to animal contact proven**
- 3. CWD prions are shed from mucosal excretory/secretory tissues. Perhaps adapted for efficient mucosal infection?**
- 4. CWD are transmissible by aerosol and through minor oral lesions**

# 1. CWD efficient transmission:

- Effective prion peripheralization
- Transfer to body fluids and excreta
- Trans-mucosal shedding
- Mucosal crossing to establish infection



Native



Tg(cerPrP)

# 2. CWD species barrier:

- Sympatric and/or predator non-cervid species susceptible to CWD?
- Alteration of the CWD host range?
- Adaptation -> peripheralization -> shedding/horizontal transmission?





**Loveland CO (leaving home in AM....)**





## Summary re. CWD prion species barrier:

1. Some sympatric non-cervid species are susceptible to CWD (by exp. inoculation)
  - Voles, *Peromyscus spp* mice, ferrets, hamsters, cats
2. Trans-species amplification of CWD prions (in vivo or in vitro) generates infectious prions with **altered host range**
3. Trans-species adaptation is associated with oral susceptibility and alteration of TSE phenotype

## **Summary re. prion biosafety:**

- 1. Prions are misfolded cellular proteins that can also become infectious agents**
- 2. Prions adhere to most surfaces and are difficult, but not impossible, to inactivate completely**
- 3. Species crossing by prions is rare, but also remains unpredictable**
- 4. Trans-species adaptation may be associated with alteration of species barrier**
- 5. Prion-like protein misfolding is associated with the major human neurodegenerative diseases**

# People responsible for CWD work:



**Nicholas Haley**



**Timothy Kurt**



**Davis Seelig**



**Christina Sigurdson**  
**UCSD**



**Davin Henderson**



**Amy Nalls**



**Candace Mathiason**



**Mark Zabel**



**Glenn Telling**



**trip home up driveway...**

**the beginning**

**the end...**

